IN THE CLAIMS:

1-19 (canceled)

20. (currently amended) A composite film comprising:

amorphous hard carbon composed mainly of carbon and hydrogen, and containing a <u>silicon</u> carbide <u>and an and a silicon</u> oxide of at least one metal, characterized in that <u>the</u> atomic % of the <u>at least one metal of the carbide is greater than that of the at least one metal of the oxide silicon bonded with carbon is greater than that of the silicon bonded with oxygen.</u>

21. (canceled)

- 22. (previously presented) A composite film according to claim 20, wherein the carbide is SiC and the oxide is SiO_x .
- 23. (currently amended) A composite film according to claim 20, wherein the atomic % of the at least one metal silicon in terms of total atomic % of the composite film is less than 4 atomic %.